Girls Varsity, JV Boys, Boys Varsity

(VYMCA: VERDUGO HILLS FAMILY YMCA. 6840 Foothill Blvd. Tujunga, CA 91042)

### Week 1

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NO PRACTICE.

#### **Tues 10/18 TRYOUTS**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### Wed 10/19 TRYOUTS

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### **Thurs 10/20**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### Fri 10/21

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

## Week 2

### <u>10/24</u>

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### 10/25

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### **10/26**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### 10/27

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### **10/28**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

## Week 3

#### Mon 10/31 NO PRACTICE

**Halloween** 

#### Tues 11/1

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### Wed 11/2

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### **Thurs 11/3**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### Fri 11/4

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

## Week 4

### Mon 11/7

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### **Tues 11/8**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### Wed 11/9

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### Thurs 11/10

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

#### Fri 11/11 NO SCHOOL (Veterans Day)

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 – 5:30 PM)

## Week 6

#### Mon 11/14 FIRST DAY OF ALLOWABLE CONTEST

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM) Outdoor Courts

JV Boys: Game vs. Downey @ VYMCA (4:00 – 5:30 PM)

#### Tue 11/15

Girls Varsity: Game @ Polytechnic (5:00 PM @ North Gym location)

JV Boys: Game @ Polytechnic (5:00 PM @ South Gym location)

Boys Varsity: Game @ Polytechnic (6:30 PM @ South Gym location) (L 79-49)

#### Wed 11/16

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)
JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Boys Varsity: Practice @ VYMCA (4:15 –5:30 PM)

#### Thur 11/17

Girls Varsity: Away Game vs. Pilibos @ Pilibos (6:30 PM)

JV Boys: Practice @ VYMCA (4:00 – 5:30 PM)

Boys Varsity: Away Game vs. Pilibos @ Pillibos (8:00 PM) (L 61-43)

#### Fri 11/18

Girls Varsity: Practice 4:00 - 5:30pm

#### Week 7

Mon 11/21 Thanksgiving Break

Tues 11/22 Thanksgiving Break

Wed 11/23 Thanksgiving Break

Thur 11/24 Thanksgiving Break

Fri 11/25 Thanksgiving Break

Week 8

Girls Varsity: Practice @ VYMCA (3:00 – 4:00 PM)
JV Boys: Practice @ VYMCA (4:00 – 5:30 PM)

Boys Varsity: Cougar Classic @ 7:30 PM vs. Hesperia<sup>1</sup> (L 50-47)

#### Tues 11/29

Girls Varsity: Practice @ VYMCA (3:00 – 4:30 PM)

JV Boys: Practice @ VYMCA (4:30 – 5:30 PM)

Varsity Boys: Cougar Classic @ 4:30 PM vs. United<sup>2</sup> (L 75-66)

#### Wed 11/30

Girls Varsity: Practice @ VYMCA (3:00 – 4:00 PM)

JV Boys: Practice @ VYMCA (4:00 PM – 5:00 PM)

Varsity Boys: Practice @ VYMCA (4:00 PM – 5:30 PM)

#### **Thur 12/1**

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM JV Boys: Practice @ VYMCA (4:15 – 5:00 PM)

Varsity Boys: Cougar Classic @ 7:30 PM vs. Crossroads<sup>3</sup> (W 75-35)

#### Fri 12/2

Girls Varsity: Home Game @ VYMCA vs. Faith Baptist (5:30 PM)

JV Boys: Home Game @ VYMCA vs. Faith Baptist (4:00 PM)

Varsity Boys: Home Game @ VYMCA vs. Faith Baptist (7:00 PM) (L 60-39)

#### Sat 12/3

Varsity Boys: Cougar Classic Championship (time TBA)

Varsity Boys: Game vs. Calvary Baptist (W 68-42)

\*Coach Grace is gone for this week.

## Week 9

#### Mon 12/5

Girls Varsity: Game vs. SCCS @ SCCS (5:30 PM)
JV Boys: Game vs. SCCS @ SCCS (4:00 PM)

Varsity Boys: Game vs. SCCS @ SCCS (7:00 PM) (L 63-43)

#### **Tues 12/6**

Girls Varsity: Practice @ VYMCA (3:00 – 5:00 PM)<sup>4</sup>

JV Boys: Away Game @ Trinity (6:00 PM)

<sup>&</sup>lt;sup>1</sup> We are the home team, so please wear WHITE uniforms.

<sup>&</sup>lt;sup>2</sup> We are the AWAY team, so please wear BLUE uniforms.

<sup>&</sup>lt;sup>3</sup> We are the HOME team, so please wear WHITE uniforms.

<sup>&</sup>lt;sup>4</sup> We are only playing Trinity's girls varsity once this year on 1/19 home games at YMCA.

Varsity Boys: Away Game @ Trinity (7:30 PM) (W 54-43)

### Wed 12/7

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Game vs. San Marino (8:00 pm)<sup>5</sup>

Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

#### **Thur 12/8**

Girls Varsity: Practice @ VYMCA (3:00 – 4:00 PM)

JV Boys: SAN MARINO TOURNAMENT (TBA)

Varsity Boys: Practice @ VYMCA (4:00 – 5:00 PM)

#### Fri 12/9

Girls Varsity: Away Game @ Alhambra (5:00 PM)

JV Boys: SAN MARINO TOURNAMENT (TBA)

Varsity Boys: Away Game @ Alhambra (6:30 PM) (L 73-45)

## Week 10

#### Mon 12/12

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

#### Tues 12/13

Girls Varsity: Away Game @ Desert Christian (5:30 PM)

JV Boys: Away Game @ Desert Christian (4:00 PM)

Varsity Boys: Away Game @ Desert Christian (7:00 PM) (W 67-24)

#### Wed 12/14

Girls Varsity: Practice @ VYMCA (3:00 - 4:00 PM)

JV Boys: Practice @ VYMCA (4:00 – 5:30 PM)

Varsity Boys: Practice @ VYMCA (4:00 – 5:30 PM)

#### Thur 12/15 (CHRISTMAS CONCERT @ 6:30 PM)

Girls Varsity: Practice @ VYMCA (3:00 – 4:00 PM)

JV Boys: Practice @ VYMCA (3:00 – 4:00 PM)

Varsity Boys: Practice @ VYMCA (3:00 – 4:00 PM)

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<sup>&</sup>lt;sup>5</sup> SMA is away and is wearing color.

### Fri 12/16 (NOON DISMISSAL FOR CHRISTMAS BREAK)

Girls Varsity: Away Game @ Lancaster Baptist

JV Boys: Away Game @ Lancaster Baptist

Varsity Boys: Away Game @ Lancaster Baptist (W 77-53)

#### Sat 12/17

Girls Varsity: Away Game vs. San Marino @ San Marino (5:30 PM) CANCELED

JB Boys: Away Game vs. San Marino @ San Marino (4:00 PM)

Varsity: Away Game vs. San Marino @ San Marino (7:00 PM) (L 80-47)

### Week 11

Mon 12/19 CHRISTMAS BREAK

Tues 12/20 CHRISTMAS BREAK

Wed 12/21 CHRISTMAS BREAK

Thur 12/22 CHRISTMAS BREAK

Fri 12/23 CHRISTMAS BREAK

### Week 12

Mon 12/26 CHRISTMAS BREAK

Tues 12/27 CHRISTMAS BREAK

Wed 12/28 CHRISTMAS BREAK

Thur 12/29 CHRISTMAS BREAK

Fri 12/30 CHRISTMAS BREAK

#### Week 13

#### **Mon 1/2**

Girls Varsity: No Practice

JV Boys: No Practice

Varsity Boys: Home Game @ VYMCA vs Valley Torah (4:00 PM) (L 78-47)

#### **Tues 1/3**

Girls Varsity: Practice @ VYMCA (3:00 – 4:00 PM)

JV Boys: Practice @ VYMCA (4:00 – 5:00 PM)

Varsity Boys: Practice @ VYMCA (4:00 – 5:00 PM)

#### Wed 1/4

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

#### <u>Thurs 1/5</u>

Girls Varsity: Home Game @ VYMCA vs. Aerospace (5:30 PM)

JV Boys: Home Game @ VYMCA vs. Aerospace (4:00 PM)

Varsity Boys: Home Game @ VYMCA vs. Aerospace (7:00 PM) (W 61-40)

#### Fri 1/6

Girls Varsity: Away Game @ Calvary Baptist (4:00 PM)

JV Boys: Practice @ VYMCA (3:00 - 5:30 PM)

Varsity Boys: Practice @ VYMCA (3:00 - 5:30 PM)

## Week 14

#### Mon 1/9

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

#### Tues 1/10

Girls Varsity: Away Game @ Vasquez (5:30 PM)

JV Boys: practice from 3:00-5:00 PM

Varsity Boys: Away Game @ Vasquez (7:00 PM) (L 65-60)

#### Wed 1/11

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

#### **Thur 1/12**

Girls Varsity: Home Game @ VYMCA vs. Desert Christian (5:30 PM)

JV Boys: Home Game @ VYMCA vs. Desert Christian (4:00 PM)

Varsity Boys: Home Game @ VYMCA vs. Desert Christian (7:00 PM) (W 60-38)

#### Fri 1/13

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM)

Varsity Boys: Home Game vs. St. Thomas More @ VYMCA (4:00 PM) (L 69-46)

#### Sat 1/14

Girls Varsity: Away

#### Mon 1/16 (TECH WEEK)

Girls Varsity: NO SCHOOL (Practice TBA)

JV Boys: NO SCHOOL (Practice TBA)

Varsity Boys: @ Antelope Valley (at Taft or Pierce?) NO SCHOOL (Martin Luther King)

(W 56-53)

#### Tues 1/17 (TECH WEEK)

No Practice

#### Wed 1/18 (TECH WEEK)

No Practice

#### Thur 1/19 (TECH WEEK)

No Practice

#### Fri 1/20 (TECH WEEK)

No Practice

## Week 16

#### Mon 1/23

Girls Varsity: Away Game @ Lancaster Baptist (3:00 PM)

JV Boys: Practice @ VYMCA (3:00 – 5:30 PM)

Varsity Boys: Practice @ Lancaster Baptist (3:00 PM)

#### **Tues 1/24**

Girls Varsity: Away Game @ Aerospace (5:30) JV Boys: Away Game @ Aerospace (4:00 PM) Varsity Boys: Practice @ Aerospace (7:00 PM)

#### Wed 1/25

Girls Varsity: Home Game @ VYMCA vs Trinity (5:30 PM)
JV Boys: Home Game @ VYMCA vs Trinity (4:00 PM)
Varsity Boys: Home Game @ VYMCA vs Trinity (7:00 PM)

#### **Thur 1/26**

Girls Varsity: Home Game vs. SCCS @ VYMCA (5:30 PM) JV Boys: Home Game vs. SCCS @ VYMCA (4:00 PM) Varsity Boys: Home Game vs. SCCS @ VYMCA (7:00 PM)

#### Fri 1/27

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

<sup>\*</sup>Coach Grace is gone this week.

JV Boys: Practice @ VYMCA (4:15 – 5:30 PM) Varsity Boys: Practice @ VYMCA (4:15 – 5:30 PM)

### Week 17

#### Mon 1/30

Girls Varsity: Practice @ VYMCA (3:00 – 4:15 PM)

JV Boys: Away Game @ Valley Torah (6:30 PM)

Varsity Boys: Away Game @ Valley Torah (8:00 PM)

#### **Tues 1/31 SENIOR NIGHT**

Girls Varsity: Home Game @ VYMCA vs. Vasquez (4:00 PM)

JV Boys: No Game

Varsity Boys: Home Game @ VYMCA vs. Vasquez (5:30 PM)

#### Wed 2/1 FINAL EXAMS

#### Thu 2/2 FINAL EXAMS

#### Fri 2/3 FINALS END

Girls Varsity: Away Game @ Faith (4:30 PM) JV Boys: Away Game @ Faith (3:00 PM) Varsity Boys: Away Game @ Faith (6:00 PM)

#### Week 18

#### Playoffs is TBA

Mon 2/6: Practice if we make playoffs
Tue 2/7: Wildcard for boys and girls
Wed 2/8: First round of playoffs for boys
Thu 2/9: First round of playoffs for girls
Fri 2/10: Second round of playoffs for boys
Sat 2/11: Second round of playoffs for girls

Week 19

Mon 2/13: Practice

**Tues 2/14:** Third round of playoffs for boys **Wed 2/15:** Third round of playoffs for girls

Thur 2/16: Practice

Fri 2/17: Practice Sat 2/18:

2/24 CIF FINALS 2/25 CIF FINALS